





Te au kura akateateamamao'anga no teia tuatau anuanu:

1. Me e maki toou, noo atu ki te kainga (mari ua me ka aere koe ki ko i te Taote)
2. Me ka anoano'ia ra koe kia aere atu ki tetai ngai, aao ua rai i tetai paruru kapumata noou, kia kore te maki i runga ia koe e totoa atu ki vao
3. Ko te maata'anga o te au maki o te tuatau anuanu, e maki akatupu'ia e te manumanu kai kiko(virus), e angaanga maata ta te kopapa i te tamaki atu'anga i teia. Akangaroi meitaki kia rauka i toou kopapa i rave i tana angaanga paruru
4. Orei ma te tama ua rai i toou rima
5. Patia'ia koe ki te patia paruru no teia au maki. Ko te paruru meitaki roa au teia no te au maki e totoa ana i teia au tuatau anuanu. Akara meitaki e kua paruru'ia koe e toou ngutuare tangata mei te maki flu, MMR, Covid(e te paruru na runga ake). Akara katoa atu e, kua oti te anau i te patia'ia ki te au patia paruru te ka anoano'ia
6. Kia papa ua toou au vairakau i teia tuatau – tiki vave atu i te reira e rua epetoma i mua ake ka pou ei taau e kai ana i tena tuatau, kia kore toou maki e kino atu, e ake e kare e rauka rave atu i te tuatau e pou ei toou vairakau



 @thecausecollectivenz

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Kua kite ai nei koe?

Ka rauka i toou pharmacy i te tauturu mai ia koe na roto i te porokiroki'anga atu kia koe no runga i tetai au vairakau, e tetai au tu maki.



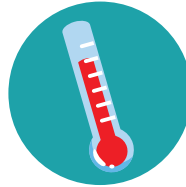
Maki eke



Katu kutu



**Ravakore o te
vai i roto i te
kopapa**



**Mamae &
Veravera**



Mata kiritona



**Eczema/
dermatitis**



Uneune



Une

Te vai nei tetai au tangata **KARE E TUTAKI** te tauturu ia ratou no te vairakau e te porokiroki'anga:

- Iti Tangata Maori me kore Patipika
- Raro ake i te 14 mataiti, e tetai ua atu tangata mei roto mai i te ngutuare o teia tama tei tu'ia e ta maki
- Tetai ua atu tangata e Community Service Card tona

Atoro atu i Pharmacy taau i matau!